



GRILLE DES TEMPS PERFORMANCES Bassin **25m**

DAMES			Epreuves	MESSIEURS		
2007 - 2006	2005 - 2004	2003 et Av		2002 et Av	2004 - 2003	2006 - 2005
JUN 1 et JUN 2	JUN 3 et JUN 4	SENIORS		SENIORS	JUN 3 et JUN 4	JUN 1 et JUN 2
31.03	29.70	29.05	50m NL	25.55	27.50	27.88
1'06.71	1'04.74	1'02.90	100m NL	55.35	56.96	1'00.26
2'24.65	2'17.87	2'15.57	200m NL	2'01.72	2'04.92	2'10.87
5'06.41	4'51.22	4'47.88	400m NL	4'18.71	4'27.54	4'34.94
10'25.22	10'04.28	9'53.61	800m NL	8'53.73	9'06.19	9'39.71
21'46.87	21'26.16	21'05.59	1500m NL	17'24.92	17'50.46	18'33.22
37.90	35.27	34.06	50m Dos	29.98	32.16	33.77
1'17.33	1'16.14	1'12.58	100m Dos	1'04.22	1'08.52	1'10.86
2'45.05	2'39.84	2'37.61	200m Dos	2'20.10	2'24.80	2'30.73
42.58	39.45	37.96	50m Brasse	32.62	35.62	37.09
1'29.70	1'26.16	1'21.29	100m Brasse	1'12.07	1'18.13	1'20.61
3'10.04	3'04.27	2'59.80	200m Brasse	2'38.44	2'45.09	2'59.03
36.21	33.42	31.60	50m Papillon	27.16	28.73	31.47
1'19.78	1'15.77	1'11.34	100m Papillon	1'01.16	1'05.28	1'10.79
3'04.68	2'56.64	2'54.27	200m Papillon	2'23.38	2'29.88	2'48.66
2'49.85	2'37.73	2'36.21	200m 4N	2'17.58	2'21.92	2'29.09
5'58.81	5'42.71	5'38.13	400m 4N	4'54.82	5'05.45	5'18.34

GRILLE DES TEMPS PERFORMANCES Bassin **50m**

DAMES			Epreuves	MESSIEURS		
2007 - 2006	2005 - 2004	2003 et Av		2002 et Av	2004 - 2003	2006 - 2005
JUN 1 et JUN 2	JUN 3 et JUN 4	SENIORS		SENIORS	JUN 3 et JUN 4	JUN 1 et JUN 2
31.73	30.40	29.75	50m NL	26.25	28.20	28.58
1'07.91	1'05.94	1'04.10	100m NL	56.85	58.46	1'01.76
2'27.55	2'20.77	2'18.47	200m NL	2'05.32	2'08.52	2'14.47
5'12.61	4'57.42	4'53.78	400m NL	4'26.41	4'35.24	4'42.64
10'38.12	10'17.18	10'06.51	800m NL	9'09.63	9'22.09	9'55.61
22'11.37	21'50.66	21'30.09	1500m NL	17'55.12	18'20.66	19'03.42
39.20	36.57	35.36	50m Dos	31.48	33.66	35.27
1'19.63	1'18.44	1'14.88	100m Dos	1'07.22	1'11.52	1'13.86
2'50.45	2'45.24	2'43.01	200m Dos	2'27.00	2'31.70	2'37.63
43.28	40.15	38.66	50m Brasse	33.72	36.72	38.19
1'31.60	1'28.06	1'23.19	100m Brasse	1'14.57	1'20.63	1'23.11
3'14.54	3'08.77	3'04.30	200m Brasse	2'44.34	2'50.99	3'04.93
36.81	34.02	32.20	50m Papillon	27.86	29.43	32.17
1'21.18	1'17.17	1'11.74	100m Papillon	1'02.56	1'06.68	1'12.19
3'07.98	2'59.94	2'57.57	200m Papillon	2'26.68	2'33.18	2'51.96
2'53.25	2'41.13	2'39.61	200m 4N	2'21.68	2'26.02	2'33.19
6'06.31	5'50.21	5'45.63	400m 4N	5'03.82	5'14.45	5'27.34